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FOR IMMEDIATE RELEASE

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Liberty Meals on Wheels Joins with Communities Nationwide in Month-long March for Meals Celebration

Support will help to fight senior hunger and isolation in Liberty

Liberty, MO – Liberty announced today that it will be participating in the [17th annual March for Meals](#) – a month-long, nationwide celebration of Meal on Wheels and our senior neighbors who rely on the vital service to remain health and independent at home.

“The services we provide are a lifeline for seniors of Liberty and the need is rapidly increasing,” said Liberty Meals on Wheels Board President Laura Mullenix. “Together, we can keep our senior neighbors well-nourished, feeling safer and more connected to our community as they age.

In 2018, Liberty Meals on Wheels’ dedicated volunteers delivered 15,015 meals, safety checks and friendly visits to homebound seniors. Currently, our program serves 80 seniors on 14 different routes throughout the City of Liberty.

In December 2018 Mullenix and the Liberty Meals on Wheels board received the following note from a recipient’s daughter: “To Liberty Meals on Wheels, Thank you so much for all the kindness you’ve shown my parents the last few years. You delivered much more than just hot meals. You brought smiles, ‘hellos’ and genuine kindness. Your staff actually cares. Especially their regular volunteer or AKA “pretty lady” as my parents call her. Thank you again. You’re a true blessing for my folks and for me. Knowing they were checked on means the world.”

No one goes hungry. While some of recipients are able to cover the cost of their meals, others are unable to do so. With the goal of feeding those who are hungry, all persons are served regardless of

(more)

their financial status. “Donate What You Can” is our belief, and we are hoping you will join us in this effort whether financially or through training to become a volunteer.

The annual March for Meals celebration commemorates the historic day in March 1972 when President Nixon signed into law a measure that amended the Older Americans Act of 1965 to include a national nutrition program for seniors 60 years and older. Since 2002, community-based Meals on Wheels programs from across the country have joined forces for the annual awareness campaign to celebrate this successful public-private partnership and garner the support needed to fill the gap between the seniors served and those still in need.

“The month of March is a fitting time to not only celebrate the successful history of Meals on Wheels, but also bring us together to support a solution that will strengthen communities into the future,” said Ellie Hollander, President and CEO of Meals on Wheels America. “With 12,000 Americans turning 60 each day, now is the time to invest in these vital programs so that we can provide every senior in need with the nutritious meals, friendly visits and safety checks that will enable them to live healthier and independent in their own homes.”

For more information on how you can volunteer, contribute or speak out for the seniors in Liberty this March, visit www.libertymo.gov/MealsonWheels

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