

# DECEMBER ACTIVITIES

## LIBERTY SILVER CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>SILVER CENTER HOURS:</b> <b>Monday - Friday:</b> 8 a.m. - 2 p.m. Liberty Community Center	 <b>WELLNESS WEDNESDAY:</b> Wednesday, December 21   11 a.m. <ul style="list-style-type: none"> <li>• Free blood pressure screenings</li> <li>• Christmas Carols with the My Day Choir</li> </ul>		<b>1</b> <b>Canasta</b> 9:30 a.m. <b>Bridge</b> 9:30 a.m.  <b>BUNCO</b> <b>9:30 a.m. - 1 p.m.</b>	<b>Bingo</b> 9:15 a.m. <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.  <b>GRIEF SUPPORT GROUP</b> <b>12:30 p.m. - 3 p.m.</b>	
	<b>5</b> <b>Bingo</b> 9:15 a.m. <b>Adult Coloring</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.	<b>6</b> <b>Canasta</b> 9:30 a.m. <b>Silver Stitchers</b> 9:30 a.m.  <b>BIBLE STUDY</b> <b>1-2 p.m.</b>	<b>7</b> <b>Pinochle</b> 9 a.m. <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.  <b>HOLIDAY SONGS W/ GENE SUDDARTH</b> <b>10:30-11:30 a.m.</b>	<b>8</b> <b>Canasta</b> 9:30 a.m. <b>Bridge</b> 9:30 a.m.	<b>9</b> <b>Bingo</b> 9:15 a.m. <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.
	<b>12</b> <b>Bingo</b> 9:15 a.m. <b>Adult Coloring</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.	<b>13</b> <b>Canasta</b> 9:30 a.m. <b>Silver Stitchers</b> 9:30 a.m.  <b>BIBLE STUDY</b> <b>1-2 p.m.</b>	<b>14</b> <b>Pinochle</b> 9 a.m. <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.	<b>15</b> <b>Canasta</b> 9:30 a.m. <b>Bridge</b> 9:30 a.m.	<b>16 BIRTHDAY CELEBRATION</b> <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m. <b>Grief Support</b> 12:30 p.m.  <b>MO KAN REUNION BAND</b> <b>10:30-11:30 a.m.</b> 
	<b>19</b> <b>Bingo</b> 9:15 a.m. <b>Adult Coloring</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.	<b>20</b> <b>Canasta</b> 9:30 a.m. <b>Silver Stitchers</b> 9:30 a.m.	<b>21</b> <b>Pinochle</b> 9 a.m. <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.  <b>WELLNESS WEDNESDAY</b> 	<b>22</b> <b>WINTER WONDERLAND POTLUCK</b> <b>10:30 a.m. - 12:30 p.m.</b>	<b>23</b> <b>CLOSED</b>   <b>HAPPY HOLIDAYS</b>
	<b>26</b> <b>CLOSED</b>	<b>27</b> <b>Canasta</b> 9:30 a.m. <b>Silver Stitchers</b> 9:30 a.m.	<b>28</b> <b>Pinochle</b> 9 a.m. <b>Silver Stitchers</b> 9:30 a.m. <b>AHOY Exercise</b> 9:45 a.m.	<b>29</b> <b>Canasta</b> 9:30 a.m. <b>Bridge</b> 9:30 a.m.	<b>30</b> <b>HAPPY NOON YEAR PARTY</b> <b>GINO BUENO: 12-1 p.m.</b>

# DECEMBER MENU

## LIBERTY SILVER CENTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### RESERVE YOUR MEAL

Please call  
**816.439.4368** by  
noon prior to the  
day you want to eat.



- Lunch is served:  
11:30 a.m. | Monday - Friday
- MILK, COFFEE AND TEA provided
- Suggested meal donation of \$2 per person

**5**  
**Pub Cheeseburger**  
Potato Wedge  
Lettuce, Tomato, Onion  
Fresh Orange

**6**  
**Roasted Pork Loin**  
Sweet Potatoes  
California Blend  
Fresh Apple  
Wheat Roll

**7**  
**Sliced Roast Beef**  
Mashed Potato w/Gravy  
Green Beans  
Strawberries & Pineapple  
Wheat Roll

**1**  
**Vegetable Beef Stew**  
Cauliflower  
Fresh Orange  
Multi Grain Bread

**2**  
**Chicken Baked Chicken**  
Parsley Potatoes  
Capri Veggies  
Strawberries & Pineapple  
Wheat Bread

**12**  
**Chicken Salad Sandwich**  
Lettuce, Tomato, Onion  
Spring Pea Salad  
Peaches and Pears  
Sugar Cookie

**13**  
**Taco Salad w/ Cheese**  
Lettuce, Tomato, Onion  
Pinto Beans  
Taco Chips  
Mandarin Oranges

**14**  
**BBQ Riblette**  
Baked Potato  
Winter Blend  
Oatmeal Cookie

**15**  
**Ham & Beans**  
Diced Onions  
Cooked Spinach  
Cantaloupe  
Corn Muffin

**16 BIRTHDAY CELEBRATION**  
**Oven Fried Chicken Legs**  
Mashed Potatoes w/Gravy  
Greens Beans  
White Cake w/ Berries  
Ice Cream

**19**  
**BBQ Pulled Pork**  
Broccoli Salad  
Steak Fries  
Fresh Orange

**20**  
**Sloppy Joe Sandwich**  
California Blend  
Corn  
Strawberries & Pineapples  
Wheat Roll

**21**  
**Chicken Fajitas w/ Flour Tortillas**  
Peppers & Onions  
Grilled Squash Medley  
Spanish Rice  
Fresh Apples

**22 HOLIDAY LUNCH**  
**Sliced Ham w/ Pineapple Glaze**  
Sweet Potatoes  
Green Beans  
Apple Pie

**23** **CLOSED**  
  
**HAPPY HOLIDAYS**

**26**  
**CLOSED**

**27**  
**Baked Lasagna**  
Salad Mix  
Italian Blend Vegetables  
Mandarin Oranges  
Breadstick

**28**  
**Meat Loaf**  
Mashed Potatoes w/ Gravy  
Green Beans  
Chilled Cinnamon Apples  
Wheat roll

**29**  
**Scrambled Eggs**  
Turkey Sausage Patty  
O'Brien Potatoes  
Oranges Juice  
Wheat Bread w/Jelly

**30 NOON YEAR PARTY**  
**Beef & Bean Chili**  
Crackers  
Cheese & Onions  
Creamy Cole Slaw  
Pineapple Tidbits